

PONTEFRAC T A.C. - RESULTS OF 2nd 5K AND 2K RACES
IN PONTEFRAC T PARK ON 6th JUNE 2019

5K – SENIOR MEN AND WOMEN

1 Nathan Doy	18.26
2 Faye Lightowler	19.20
3 James Grant	19.37
4 David Kidd	20.23
5 Martin Elswood	21.00
6 Kevin Waite	21.13
7 Greg Skelton	21.27
8 Matt Worsman	21.32
9 Anthony Bowyer	21.37
10 Phil Wardle	22.00
11 Scott Daly	22.40
12 Carl Farrow	22.41
13 John Kelly	22.49
14 Alan Boyd	22.58
15 Nick Kennett	23.39
16 Jack Kinnear	23.52
17 Samantha Isaac	24.37
18 Vicki Elliott	25.29
19 Christine McCarthy	25.30
20 Andy Causier	26.56
21 Steve Conroy	27.13
22 Dawn Elswood	28.49
23 Tom McMaster	28.57
24 Jean Waite	29.30
25 Joanne Conroy	30.17
26 Jane Lingard	30.51
27 Christopher Hartley	32.18

5K – UNDER 17s AND UNDER 15s

1 Elliot Prentice	20.35
2 Tom Elliott	22.26
3 Niamh Atkinson	24.27
4 Alice Dolman	26.40
5 Grace Causier	26.55

2K – UNDER 13s AND UNDER 11s

1 Alex Charman-Tyson	6.42
2 Katie Kelly	7.09
3 Jack Holmes	7.31
4 Julia Rutkowska	7.32
5 Alfie Conroy	7.35
6 Emily Kelly	7.50
7 Julian Rutkowski	7.53
8 Abby Teece	8.02
9 Elliott Hartley	8.56

10 Archie Fraser	8.56
11 Jessica Lilley	9.13
12 Owen Lilley	11.02
13 Niamh Fraser	11.19