THE DREAM TEAM
FOR THE NORTH OF ENGLAND TRACK AND FIELD LEAGUE

SELECTED FROM ATHLETES, WHO HAVE COMPETED FOR PONTEFRACT A.C. FROM 1 APRIL 2001 TO PRESENT DATE

The following criteria have been used for making the selections:-

1. Two athletes have been selected for each event in the men's and ladies teams.

2. Selections have been made from the Seniors, Under 20 and Under 17/Under 18 age groups.

3. Those who have competed for the club in the Seniors age group have been selected for a maximum of 7 events. Those who have competed for the club in the U20 age group have been selected for a maximum of 5 events. Those who have competed for the club in the U17/U18 age group have been selected for a maximum of 3 events. Relay teams have not been selected.

4. Performances in all competitions, not just the North of England Track and Field League, have been taken into account while athletes have been competing at the club.

5. In some cases, where the performances of athletes would merit selection in more than the permitted number of events, I have selected them for the events, which would provide us with our strongest team.

If anyone feels that one of their performances has been overlooked, or you think you know of someone else, whose performance has been overlooked, please let me know and I will make amendments where necessary.

It is my hope that this Dream Team will generate some interest and that it will inspire some of our athletes to achieve performances that will bring them into the Dream Team when it is reviewed at the end of each year.

Cyril Jones
Club Chairman

MEN'S DREAM TEAM

110m HURDLES	CAMERON HOWES	19.1 – 2019
	WILL CARTER	20.7 – 2019
400m HURDLES	CARL POINTER	66.3 – 2023
	WILL CARTER	67.50 – 2016
100 METRES	YANNICK STEVENSON	11.6 – 2026
	LUKE MURPHY	11.8 – 2022
200 METRES	JOEL DIBB	23.9 – 2009
	LUKE MURPHY	24.0 – 2022

400 METRES	LUKE MURPHY	54.3 – 2023
	ANTHONY BOWYER	55.4 – 2018
800 METRES	IAN MALONE	2:02.8 – 2001
	JAMES SAXTON	2:04.1 – 2010
1500 METRES	ROSS BLACKBURN	4:16.5 – 2007
	JAMES CAPON	4:24.6 – 2016
5000 METRES	MARTIN SANDERS	16:25.31 – 2006
	PHILIP WAINWRIGHT	16:56.5 – 2025
3000m S/CHASE	CHARLIE LINES	10:39.38 – 2008
	STEVE LOWE	10:42.52 – 2019
LONG JUMP	LUKE MURPHY	6.44 – 2022
	YANNICK STEVENSON	6.20 – 2026
HIGH JUMP	CAMERON HOWES	1.95 – 2019
	JACK HOLMES	1.95 – 2022
TRIPLE JUMP	LUKE MURPHY	12.46 – 2023
	JOEL DIBB	12.10 – 2009
POLE VAULT	WILL CARTER	3.60 – 2017
	LIAM HOLDSWORTH	3.10 – 2009
HAMMER	WILL CARTER	24.24 – 2026
	HARRISON CARTER	22.88 – 2026
JAVELIN	WILL CARTER	40.25 – 2026
	RICHARD HOWES	39.85 – 2016
DISCUS	WILL CARTER	32.49 – 2019
	DAN TONKINSON	31.35 – 2019
SHOT PUTT	WILL CARTER	11.22 – 2025
	HARRISON CARTER	10.40 – 2026

<u>LADIES DREAM TEAM</u>

100m HURDLES	ELEANOR BIRDEN	18.52 – 2022
	ABIGAIL TEECE	19.4 – 2025
400m HURDLES	ELEANOR BIRDEN	78.8 – 2022
	BEATRICE CUNNINGHAM	78.9 – 2022
100 METRES	TRACY ANAMAN	13.13 – 2018
	NATALIE CARR	13.5 – 2013

200 METRES	KATIE KELLY	27.3 – 2022
	TRACY ANAMAN	27.4 – 2017
400 METRES	KATIE KELLY	63.28 – 2022
	KAREN BALL	64.0 – 2005
800 METRES	KAREN BALL	2:22.7 – 2003
	ALICE SMITH	2:25.2 – 2021
1500 METRES	KAREN BALL	4:57.0 – 2001
	JOHANNA SUTCLIFFE	4:57.2 – 2021
3000 METRES	FAYE LIGHTOWLER	10:31.3 – 2021
	REBECCA WINTER	10:34.7 – 2021
LONG JUMP	TRACY ANAMAN	4.84 – 2019
	ELLISE CRISP	4.83 – 2025
HIGH JUMP	BEATRICE CUNNINGHAM	1.50 – 2022
	JASMINE BATE	1.40 – 2018
TRIPLE JUMP	TRACY ANAMAN	10.36 – 2019
	ELEANOR BIRDEN	9.91 – 2022
POLE VAULT	NO COMPETITORS	
HAMMER	FAYE CALVERT	43.37 – 2021
	JASMINE BATE	25.59 – 2019
JAVELIN	NIAMH FRASER	26.35 – 2025
	FAYE RHODES	22.26 – 2022
DISCUS	FAYE RHODES	35.29 – 2022
	MARIA SCHOFIELD	31.73 – 2016
SHOT PUTT	FAYE CALVERT	10.03 – 2021
	REBECCA BELL	8.97 – 2018

2 November 2026