

# THE DREAM TEAM FOR THE NORTH OF ENGLAND TRACK AND FIELD LEAGUE

SELECTED FROM ATHLETES, WHO HAVE COMPETED FOR PONTEFRACT A.C.  
FROM 1 APRIL 2001 TO PRESENT DATE

The following criteria have been used for making the selections:-

1. Two athletes have been selected for each event in the men's and ladies teams.
2. Selections have been made from the Seniors, Under 20 and Under 17 age groups.
3. Those who have competed for the club in the Seniors age group have been selected for a maximum of 7 events. Those who have competed for the club in the U20 age group have been selected for a maximum of 5 events. Those who have competed for the club in the U17 age group have been selected for a maximum of 3 events. Relay teams have not been selected.
4. Performances in all competitions, not just the North of England Track and Field League, have been taken into account while athletes have been competing at the club.
5. In some cases, where the performances of athletes would merit selection in more than the permitted number of events, I have selected them for the events, which would provide us with our strongest team.

If anyone feels that one of their performances has been overlooked, or you think you know of someone else, whose performance has been overlooked, please let me know and I will make amendments where necessary.

It is my hope that this Dream Team will generate some interest and that it will inspire some of our athletes to achieve performances that will bring them into the Dream Team when it is reviewed at the end of each year.

Cyril Jones  
Club Chairman

## MEN'S DREAM TEAM

110m HURDLES	CAMERON HOWES	19.1 – 2019
	WILL CARTER	20.7 – 2019
400m HURDLES	WILL CARTER	67.50 – 2016
	STEVE LOWE	73.5 – 2018
100 METRES	JOEL DIBB	11.8 – 2009
	WILL REDMOND	11.9 – 2015
200 METRES	JOEL DIBB	23.9 – 2009
	OLIVER EDMUNDS	24.7 – 2010

400 METRES	ANTHONY BOWYER ROSS BLACKBURN	55.4 – 2018 55.5 – 2007
800 METRES	IAN MALONE JAMES SAXTON	2:02.8 – 2001 2:04.1 – 2010
1500 METRES	ROSS BLACKBURN JAMES CAPON	4:16.5 – 2007 4:24.6 – 2016
5000 METRES	MARTIN SANDERS STEVE LOWE	16:25.31 – 2006 17:13.5 – 2019
3000m S/CHASE	CHARLIE LINES STEVE LOWE	10:39.38 – 2008 10:42.52 – 2019
LONG JUMP	WILL CARTER WILL REDMOND	6.10 – 2019 5.62 – 2015
HIGH JUMP	CAMERON HOWES LIAM HOLDSWORTH	1.95 – 2019 1.83 – 2009
TRIPLE JUMP	JOEL DIBB ROBERT BATE	12.10 – 2009 11.36 – 2018
POLE VAULT	WILL CARTER LIAM HOLDSWORTH	3.60 – 2017 3.10 – 2009
HAMMER	DAN TONKINSON MARK MOSBY	21.47 – 2019 20.99 – 2016
JAVELIN	RICHARD HOWES WILL CARTER	39.85 – 2016 39.73 – 2019
DISCUS	WILL CARTER DAN TONKINSON	32.49 – 2019 31.35 – 2019
SHOT PUTT	WILL CARTER DAN TONKINSON	10.67 – 2019 10.38 – 2018

#### LADIES DREAM TEAM

100m HURDLES	ELEANOR BIRDEN	19.5 – 2021
400m HURDLES	ELEANOR BIRDEN	81.38 – 2021
100 METRES	TRACY ANAMAN NATALIE CARR	13.13 – 2018 13.5 – 2013
200 METRES	TRACY ANAMAN NATALIE CARR	27.4 – 2017 28.4 – 2012

400 METRES	KAREN BALL SOPHIE GILBERT	64.0 – 2005 66.9 – 2014
800 METRES	KAREN BALL ALICE SMITH	2:22.7 – 2003 2:25.2 – 2021
1500 METRES	KAREN BALL JOHANNA SUTCLIFFE	4:57.0 – 2001 4:57.2 – 2021
3000 METRES	FAYE LIGHTOWLER REBECCA WINTER	10:31.3 – 2021 10:34.7 – 2021
LONG JUMP	TRACY ANAMAN NATALIE CARR	4.84 – 2019 4.80 – 2012
HIGH JUMP	JASMINE BATE SOPHIE MILLS	1.40 – 2018 1.30 – 2009
TRIPLE JUMP	TRACY ANAMAN ELEANOR BIRDEN	10.36 – 2019 9.84 – 2021
POLE VAULT	NO COMPETITORS	
HAMMER	FAYE CALVERT JASMINE BATE	43.37 – 2021 25.59 – 2019
JAVELIN	FAYE CALVERT SUE BRAIN	19.02 – 2021 18.62 – 2014
DISCUS	FAYE CALVERT MARIA SCHOFIELD	33.62 – 2021 31.73 – 2016
SHOT PUTT	FAYE CALVERT REBECCA BELL	10.03 – 2021 8.97 – 2018