

THE DREAM TEAM FOR THE YORKSHIRE AND DISTRICT ATHLETICS LEAGUE

SELECTED FROM ATHLETES, WHO HAVE COMPETED FOR PONTEFRACT A.C.
FROM 1 APRIL 2001 TO PRESENT DATE

The following criteria have been used for making the selections:-

1. Two athletes have been selected for each event in each age group and gender.
2. Athletes have only been selected for one age group, even if they have been one of our best two performers in more than one age group. In those cases, I have selected the athletes for the age group, in which they have achieved their best performances or where their selection in that age group is most advantageous to the team.
3. In some cases, where the performances of athletes would merit selection in more than 3 events, I have selected them for their best 3 events or the 3 events, which would provide us with our strongest team. The fact that our very best athletes have been restricted to 3 events and one age group, this has enabled some athletes to make it into the Dream Team in some events even though they are not in the top 2 for that event from our all time list.
4. Performances in all competitions, not just the Yorkshire and District Athletics League, have been taken into account while athletes have been in that age group.
5. The Yorkshire and District Athletics League only started in 2013. Prior to that, we competed in the National Young Athletes League. In some cases, the events in the National Young Athletes League were different to those in the Yorkshire and District Athletics League, for example, the U13 Boys did 100 metres and 200 metres in the National Young Athletes League, but they now do 80 metres and 150 metres in the Yorkshire and District Athletics League. Also, the Under 15 Boys now do 300 metres instead of 400 metres. Selections have only been made for current events in the Yorkshire and District Athletics League.

If anyone feels that one of their performances has been overlooked, or you think you know of someone else, whose performance has been overlooked, please let me know and I will make amendments where necessary.

It is my hope that this Dream Team will generate some interest and that it will inspire some of our athletes to achieve performances that will bring them into the Dream Team when it is reviewed at the end of each year.

Cyril Jones
Club Chairman

UNDER 13 GIRLS DREAM TEAM

70m HURDLES	JASMINE BATE	12.2 – 2015
	REBECCA BELL	12.6 – 2015
75 METRES	SIENNA LAVINE	10.1 – 2024
	SOPHIA YATES	11.1 – 2018
150 METRES	SIENNA LAVINE	20.1 – 2024
	ISABELLE STONES	21.0 – 2015
800 METRES	SIENNA LAVINE	2:10.47 – 2025
	EMILY PLIMMER	2:32.98 – 2015
1200 METRES	REBECCA BELL	4:21.6 – 2014
	JULIA RUTKOWSKA	4:29.7 – 2019
LONG JUMP	JASMINE BATE	4.51 – 2015
	ISABELLE STONES	4.51 – 2015
HIGH JUMP	JASMINE BATE	1.46 – 2015
	REBECCA BELL	1.40 – 2014
SHOT PUTT	ISABELLE STONES	9.17 – 2016
	CARA MIDDLETON	7.29 – 2013

UNDER 13 BOYS DREAM TEAM

75m HURDLES	JACK MATTISON	14.1 – 2016
	DOMINIC SANDERSON	15.87 – 2012
80 METRES	HARRISON MARSH	11.15 – 2017
	JOE FORT	11.4 – 2009
150 METRES	JOE BADLEY	20.0 – 2020
	HARRISON MARSH	20.5 – 2018
800 METRES	JULIAN RUTKOWSKI	2:24.42 – 2024
	ALEX HITCHEN	2:30.51 – 2014
1500 METRES	CHRIS HODGSON	5:22.0 – 2001
	PATRICK HOYLE	5:22.9 – 2010
LONG JUMP	HARRISON MARSH	4.58 – 2018
	MATTHEW TAM-McMILLAN	4.54 – 2015
HIGH JUMP	WILL KENNETT	1.42 – 2009
	JACK DALE	1.40 – 2017
SHOT PUTT	LUKE SHILLITO	8.24 – 2016
	MURRAY BINGHAM	7.40 – 2014

UNDER 15 GIRLS DREAM TEAM

75m HURDLES	RITA YATES	13.42 – 2009
	FREYA KENDREW	14.9 – 2008
100 METRES	MAISIE HEPTINSTALL	13.37 – 2017
	FRANCESCA WARD	13.6 – 2022
200 METRES	FRANCESCA WARD	27.8 – 2022
	NIAMH ATKINSON	28.04 – 2018
300 METRES	NIAMH ATKINSON	44.10 – 2019
	FRANCESCA WARD	46.2 – 2022
800 METRES	NIAMH ATKINSON	2:36.4 – 2018
	ABIGAIL CLEGG	2:39.6 – 2016
1500 METRES	AMY BRAIN	5:42.9 – 2014
	CHARLOTTE FRANCE	5:44.8 – 2006
LONG JUMP	MAISIE HEPTINSTALL	4.64 – 2016
	RITA YATES	4.55 – 2009
HIGH JUMP	RITA YATES	1.60 – 2008
	STACEY CARRINGTON	1.40 – 2017
POLE VAULT	NO COMPETITORS	
HAMMER	LUCY HILLARY	26.16 – 2017
	FAYE BURNLEY	20.29 – 2014
JAVELIN	ASHLEIGH BECKETT	30.55 – 2006
	NIAMH FRASER	20.46 – 2023
DISCUS	ASHLEIGH BECKETT	26.20 – 2006
	ALICE DELANY	20.60 – 2008
SHOT PUTT	ASHLEIGH BECKETT	8.22 – 2006
	CAITLIN HOWES	7.88 – 2019

UNDER 15 BOYS DREAM TEAM

80m HURDLES	WILL DAGGER	12.2 – 2012
	BEN WELLINGTON	13.5 – 2009
100 METRES	LIAM GREAVES	11.96 – 2018
	KYE EVANS	12.0 – 2013
200 METRES	LIAM GREAVES	23.94 – 2018
	KYE EVANS	24.8 – 2013
300 METRES	LIAM GREAVES	41.8 – 2018
	TOM SHINKINS	43.4 – 2023
800 METRES	JAMES SAXTON	2:15.4 – 2009
	BRADLEY WILSON	2:22.9 – 2007
1500 METRES	JAMES DELANY	4:42.7 – 2005
	TADHG PARKER-WALKER	4:55.6 – 2014
LONG JUMP	ARCHIE FRASER	5.29 – 2022
	KYE EVANS	4.97 – 2013
HIGH JUMP	JACK HOLMES	1.91 – 2021
	PHILIP KNOWLES	1.60 – 2009
POLE VAULT	CONNOR ABBOTT	2.55 – 2009
HAMMER	WILL GODRIDGE	25.66 – 2013
	HARRISON CARTER	24.87 – 2021
JAVELIN	LEWIS SCHOFIELD	33.60 – 2013
	BEN WELLINGTON	32.39 – 2009
DISCUS	CALLUM BRAIN	29.74 – 2013
	GIANNI TAM-McMILLAN	24.56 – 2016
SHOT PUTT	CALLUM BRAIN	10.97 – 2013
	JOE REYNOLDS	10.74 – 2025

UNDER 17 LADIES DREAM TEAM

80m HURDLES	NATALIE CARR	13.7 – 2012
	ABIGAIL TEECE	14.68 – 2024
300m HURDLES	BEATRICE CUNNINGHAM	53.1 – 2022
	IMOGEN FEAR	53.3 – 2024
100 METRES	TRACY ANAMAN	13.13 – 2018
	NATALIE CARR	13.5 – 2013
200 METRES	KATIE KELLY	27.3 – 2022
	TRACY ANAMAN	27.4 – 2017
300 METRES	KATIE KELLY	43.4 – 2022
	MEGAN WYKE-ULLIOTT	46.6 – 2018
800 METRES	KATIE KELLY	2:31.4 – 2022
	IMOGEN FEAR	2:36.8 – 2024
1500 METRES	EVIE ROBSON	6:16.9 – 2021
	YVETTE CLIFT	6:21.2 – 2005
1500m S/CHASE	NO COMPETITORS	
3000 METRES	NO COMPETITORS	
LONG JUMP	ELLISE CRISP	4.83 – 2025
	NATALIE CARR	4.80 – 2012
HIGH JUMP	BEATRICE CUNNINGHAM	1.50 – 2022
	ABIGAIL TEECE	1.35 – 2024
TRIPLE JUMP	BEATRICE CUNNINGHAM	9.79 – 2022
	ALICE DOLMAN	8.86 – 2021
POLE VAULT	NO COMPETITORS	
HAMMER	MARIA SCHOFIELD	49.02 – 2016
	MEGAN WYKE-ULLIOTT	25.45 – 2018
JAVELIN	ELIZABETH TEECE	21.15 – 2022
	MEGAN HOYLE	18.29 – 2010
DISCUS	MARIA SCHOFIELD	31.73 – 2016
	MADISON TODDINGTON	22.53 – 2023
SHOT PUTT	MARIA SCHOFIELD	12.67 – 2016
	MADISON TODDINGTON	9.56 – 2023

UNDER 17 MENS DREAM TEAM

100m HURDLES	CAMERON HOWES ROBERT BATE	15.75 – 2018 18.06 – 2016
400m HURDLES	WILL CARTER LIAM HOLDSWORTH	1:06.90 – 2013 1:08.6 – 2009
100 METRES	WILL REDMOND YANNICK STEVENSON	12.0 – 2013 12.1 – 2025
200 METRES	JOEL DIBB YANNICK STEVENSON	23.9 – 2009 24.1 – 2025
400 METRES	CALLUM EASTWOOD ROBERT BATE	55.41 – 2022 55.52 – 2016
800 METRES	ROSS BLACKBURN ELLIOT PRENTICE	2:08.11 – 2006 2:11.8 – 2021
1500 METRES	ROSS BLACKBURN ELLIOT PRENTICE	4:26.1 – 2006 4:32.96 – 2021
3000 METRES	ROSS BLACKBURN ELLIOT PRENTICE	9:36.7 – 2006 10:13.15 – 2021
1500m S/CHASE	WILL CARTER	5:45.6 – 2013
LONG JUMP	JOEL DIBB WILL REDMOND	5.94 – 2009 5.62 – 2015
HIGH JUMP	CAMERON HOWES ROBERT BATE	1.92 – 2018 1.70 – 2016
TRIPLE JUMP	JOEL DIBB ADAM KNIGHT	12.10 – 2009 10.96 – 2010
POLE VAULT	LIAM HOLDSWORTH ALEX DUNNILL	3.10 – 2009 2.85 – 2010
HAMMER	YORCK NEWRICK ALEX DUNNILL	35.65 – 2018 30.62 – 2010
JAVELIN	LIAM HOLDSWORTH LEE ROBINSON	37.90 – 2009 30.87 – 2006
DISCUS	YORCK NEWRICK WILL CARTER	34.14 – 2018 28.81 – 2013

SHOT PUTT	YORCK NEWRICK	11.42 – 2018
	NATHAN PRICE	11.17 – 2009

20 July 2025