

# PONTEFRACT ATHLETICS CLUB

2<sup>nd</sup> MINI TRACK AND FIELD COMPETITION – 4 JANUARY 2021

AT THE DOROTHY HYMAN SPORTS CENTRE

## UNDER 11 BOYS

### 75 METRES

- |                     |      |
|---------------------|------|
| 1. Leon Hunt        | 13.3 |
| 2. Owen Lilley      | 13.4 |
| 3. Julian Rutkowski | 14.6 |

### 150 METRES

- |                      |      |
|----------------------|------|
| 1. Joshua McLauchlan | 25.9 |
| 2. Julian Rutkowski  | 27.9 |

### 600 METRES

- |                      |        |
|----------------------|--------|
| 1. Leon Hunt         | 2:23.4 |
| 2. Joshua McLauchlan | 2:27.2 |
| 3. Owen Lilley       | 2:28.5 |
| 4. Julian Rutkowski  | 2:30.3 |

## LONG JUMP

- |                |      |
|----------------|------|
| 1. Owen Lilley | 2.49 |
| 2. Leon Hunt   | 1.85 |

## UNDER 13 GIRLS

### 80 METRES

- |                   |      |
|-------------------|------|
| 1. Francesca Ward | 13.0 |
| 2. Alana Reveley  | 13.2 |
| 3. Emily Kelly    | 13.4 |
| 4. Rosie Metcalfe | 13.6 |
| 5. Jessica Lilley | 13.9 |
| 6. Abbie Simmons  | 14.7 |
| 7. Holly Jackson  | 15.9 |
| 8. Niamh Fraser   | 18.2 |

### 150 METRES

- |                   |      |
|-------------------|------|
| 1. Francesca Ward | 23.1 |
| 2. Emily Kelly    | 24.5 |

3.	Alana Reveley	24.6
4.	Rosie Metcalfe	25.0
5.	Trudie Robson	25.4
6.	Abbie Simmons	25.9
7.	Holly Jackson	28.4

### 1500 METRES

1.	Trudie Robson	5:57.2
2.	Alana Reveley	6:22.8
3.	Holly Jackson	7:24.1
4.	Jessica Lilley	8:39.8

### LONG JUMP

1.	Jessica Lilley	2.93
2.	Abbie Simmons	2.75
3.	Niamh Fraser	2.26

### UNDER 15 GIRLS

#### 100 METRES

1.	Katie Kelly	15.5
2.	Julia Rutkowska	15.9
3.	Isobel Sutton	16.0

#### 200 METRES

1.	Katie Kelly	31.0
2.	Julia Rutkowska	32.7
3.	Isobel Sutton	33.0
4.	Madison Toddington	38.1

### UNDER 15 BOYS

#### 100 METRES

1.	Archie Fraser	14.2
2.	Jack Holmes	14.6
3.	Charles Fryer	15.7

#### 200 METRES

1.	Jack Holmes	30.3
2.	Charles Fryer	32.4

### LONG JUMP

- |                  |      |
|------------------|------|
| 1. Jack Holmes   | 4.04 |
| 2. Archie Fraser | 4.01 |
| 3. Charles Fryer | 3.49 |

### UNDER 17 LADIES

#### 100 METRES

- |               |      |
|---------------|------|
| 1. Raya Welsh | 16.1 |
|---------------|------|

#### 200 METRES

- |                   |      |
|-------------------|------|
| 1. Niamh Atkinson | 29.4 |
| 2. Evie Robson    | 32.5 |
| 3. Raya Welsh     | 33.3 |

#### 1500 METRES

- |                   |        |
|-------------------|--------|
| 1. Evie Robson    | 6:33.9 |
| 2. Niamh Atkinson | 6:49.3 |

### LONG JUMP

- |               |      |
|---------------|------|
| 1. Raya Welsh | 3.29 |
|---------------|------|

### TRIPLE JUMP

- |                   |      |
|-------------------|------|
| 1. Niamh Atkinson | 9.16 |
|-------------------|------|

### UNDER 17 MEN

#### 200 METRES

- |                    |      |
|--------------------|------|
| 1. Callum Eastwood | 27.3 |
|--------------------|------|

### UNDER 20 LADIES

#### 100 METRES

- |                   |      |
|-------------------|------|
| 1. Eleanor Birden | 14.4 |
|-------------------|------|

### LONG JUMP

- |                   |      |
|-------------------|------|
| 1. Eleanor Birden | 4.54 |
| 2. Rebecca Martin | 2.31 |

TRIPLE JUMP

1. Eleanor Birden 9.47