

# PONTEFRACT ATHLETICS CLUB

1<sup>st</sup> MINI TRACK AND FIELD COMPETITION – 2 NOVEMBER 2020

AT THE DOROTHY HYMAN SPORTS CENTRE

## UNDER 11 BOYS

### 75 METRES

1. Thomas Simmons	13.1
2. Blake Winter	13.3
3. Joshua McLauchlan	13.5
4. Julian Rutkowski	14.2
5. Owen Lilley	14.5
6. Archie Humphreys	15.1
7. Jamie Humphreys	16.8

### 600 METRES

1. Thomas Simmons	2:15.3
2. Julian Rutkowski	2:16.6
3. Blake Winter	2:16.8
4. Owen Lilley	2:31.0
5. Joshua McLauchlan	2:44.0
6. Archie Humphreys	2:45.9
7. Jamie Humphreys	3:29.7

## SHOT PUTT

1. Thomas Simmons	4.85
2. Blake Winter	3.42

## UNDER 13 GIRLS

### 80 METRES

1. Alana Reveley	13.0
2. Emily Kelly	13.4
3. Rosie Metcalfe	13.6
4. Jessica Lilley	15.2
5. Holly Jackson	16.4
6. Niamh Fraser	18.5

### 800 METRES

1. Trudie Robson	2:58.0
2. Alana Reveley	3:06.4
3. Emily Kelly	3:11.2
4. Rosie Metcalfe	3:24.9
5. Holly Jackson	3:30.6
6. Jessica Lilley	4:05.8

### SHOT PUTT

1. Jessica Lilley	5.51
2. Niamh Fraser	4.67

### UNDER 13 BOYS

#### 80 METRES

1. Cole Winter	14.1
2. Tom Shinkins	14.5

#### 800 METRES

1. Tom Shinkins	3:23.2
2. Cole Winter	3:33.9

#### SHOT PUTT

1. Cole Winter	4.92
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### UNDER 15 GIRLS

#### 100 METRES

1. Katie Kelly	14.6
2. Julia Rutkowska	15.5
3. Madison Toddington	16.7
4. Abbie Simmons	17.3

#### 800 METRES

1. Katie Kelly	2:56.5
2. Abbie Simmons	3:17.8

#### DISCUS

1. Madison Toddington	14.62
2. Abbie Simmons	10.04

## UNDER 15 BOYS

### 100 METRES

1. Archie Fraser	14.5
2. Jack Holmes	14.9
3. Charles Fryer	15.8
4. Ryan Byrne	17.0

### 800 METRES

1. Jack Holmes	2:53.5
2. Charles Fryer	2:59.4
3. Ryan Byrne	3:28.7

### DISCUS

1. Harrison Carter	16.73
2. Archie Fraser	12.24

## UNDER 17 LADIES

### 100 METRES

1. Niamh Atkinson	14.1
2. Raya Welsh	15.8
3. Alice Dolman	16.0
4. Emily Sharp	17.5

### 800 METRES

1. Niamh Atkinson	2:47.1
2. Alice Dolman	2:51.2

### DISCUS

1. Niamh Atkinson	17.12
2. Raya Welsh	16.79
3. Alice Dolman	10.89
4. Rebecca Martin	9.87