PONTEFRACT ATHLETICS CLUB

8th MINI TRACK AND FIELD COMPETITION – 5 JUNE 2023

AT THE DOROTHY HYMAN SPORTS CENTRE

RESULTS

UNDER 11 GIRLS

75 METRES

1. Phoebe Armitage 13.2
2. Felicity Denton 14.3
3. Ella Fraser 16.2

150 METRES

1. Phoebe Armitage 27.6
2. Felicity Denton 27.7

200 METRES

1. Sienna Lavine 29.6 U11 Girls Club Record

800 METRES

1. Sienna Lavine 2:33.1 U11 Girls Club Record

LONG JUMP

1. Phoebe Armitage 2.99
2. Felicity Denton 2.88
3. Ella Fraser 2.05

SHOT PUTT

1. Phoebe Armitage 4.34

UNDER 11 BOYS

75 METRES

1. Toby Johnson 12.7
2. Louie Hutchinson 13.0

150 METRES

1. Toby Johnson 25.0
2. Louie Hutchinson 27.1

600 METRES

1. Toby Johnson 2:11.7
2. Louie Hutchinson 2:17.0

UNDER 13 GIRLS

80 METRES

1. Isabelle Gittins 12.6
2. Isabella Tordoff 12.7
3. Freya Child 13.2

200 METRES

1. Isabella Tordoff 34.1
2. Isabelle Gittins 34.2
3. Freya Child 35.4

LONG JUMP

1. Isabella Tordoff 3.72
2. Isabelle Gittins 3.54

UNDER 13 BOYS

80 METRES

1. James Denton 13.4

1500 METRES

1. Julian Rutkowski 6:12.5

LONG JUMP

1. James Denton 3.08

UNDER 15 GIRLS

100 METRES

1. Milly Force 14.3
2. Abigail Teece 15.2
3. Holly Jackson 16.7

200 METRES

1. Milly Force 30.5

300 METRES

1. Abigail Teece 50.2
2. Holly Jackson 56.3

1500 METRES

1. Emma Denton 6:20.5

LONG JUMP

1. Abigail Teece 4.01
2. Emma Denton 3.69

JAVELIN

1. Niamh Fraser 17.65

UNDER 15 BOYS

300 METRES

1. Tom Shinkins 45.0

1500 METRES

1. Tom Shinkins 5:49.1

LONG JUMP

1. Tom Shinkins 3.58

SHOT PUTT

1. Michael Stejskal 7.30

JAVELIN

1. Michael Stejskal 12.99

UNDER 17 LADIES

1500 METRES

1. Julia Rutkowska 6:24.7

SHOT PUTT

1. Madison Toddington 8.16

JAVELIN

1. Madison Toddington 12.90

UNDER 17 MEN

100 METRES

1. Archie Fraser 13.1

200 METRES

1. Archie Fraser 26.2

400 METRES

1. Ryan Byrne 63.4

LONG JUMP

1. Ryan Byrne 4.10

SHOT PUTT

1. Harrison Carter 10.31
2. Archie Fraser 8.62

JAVELIN

1. Harrison Carter 24.74

SENIOR MEN

SHOT PUTT

1. Richard Howes (M60) 9.90 M60 Club Record

JAVELIN

1. Richard Howes (M60) 32.27